







# Park View Academy Virtual Sports Day 2020

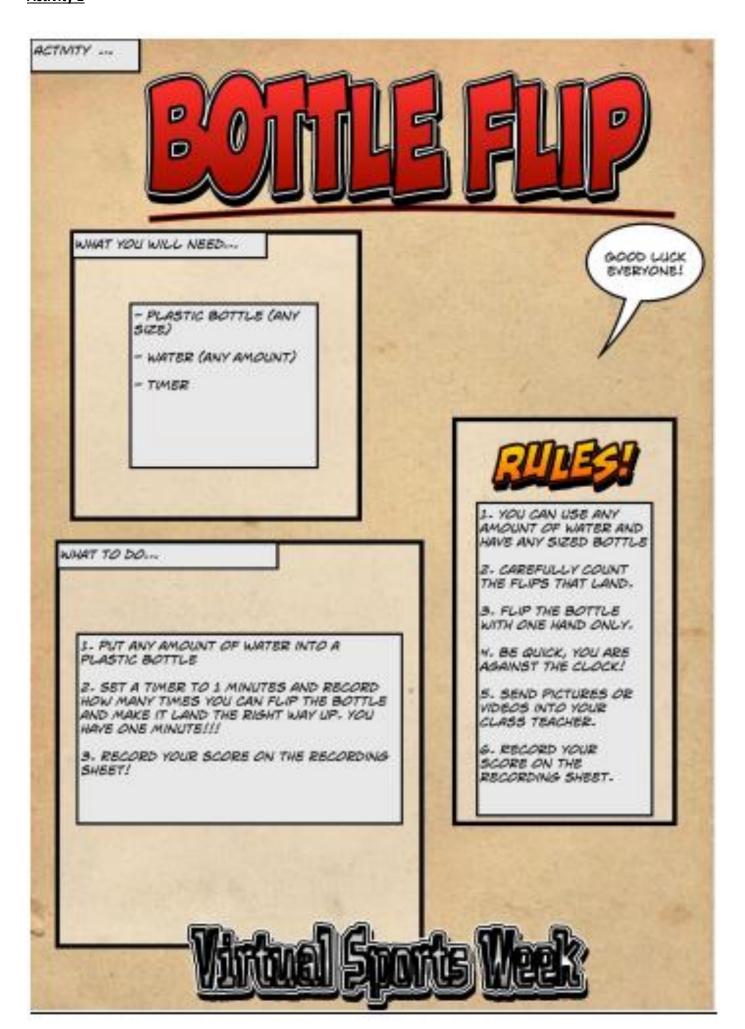
This is where you record your scores for the Park View Academy Sports Week events. When you complete an activity, you record your score in the correct box. You need to complete at least 8 of the activities during the week! We would love to see pictures and videos of you completing the activities! Good luck and we hope you have fun!

## What you will need?

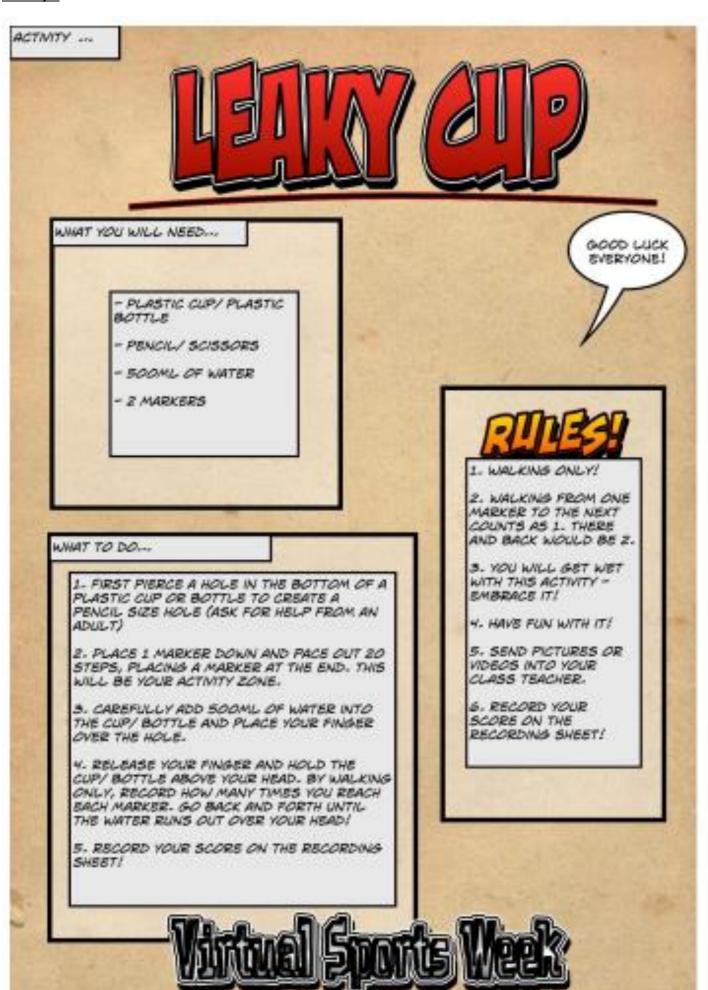
Some markers, a timer, a plastic bottle, Socks, 2 chairs, a stick or pole, a toilet roll tube, some water balloons (or sponges) and a plastic cup.





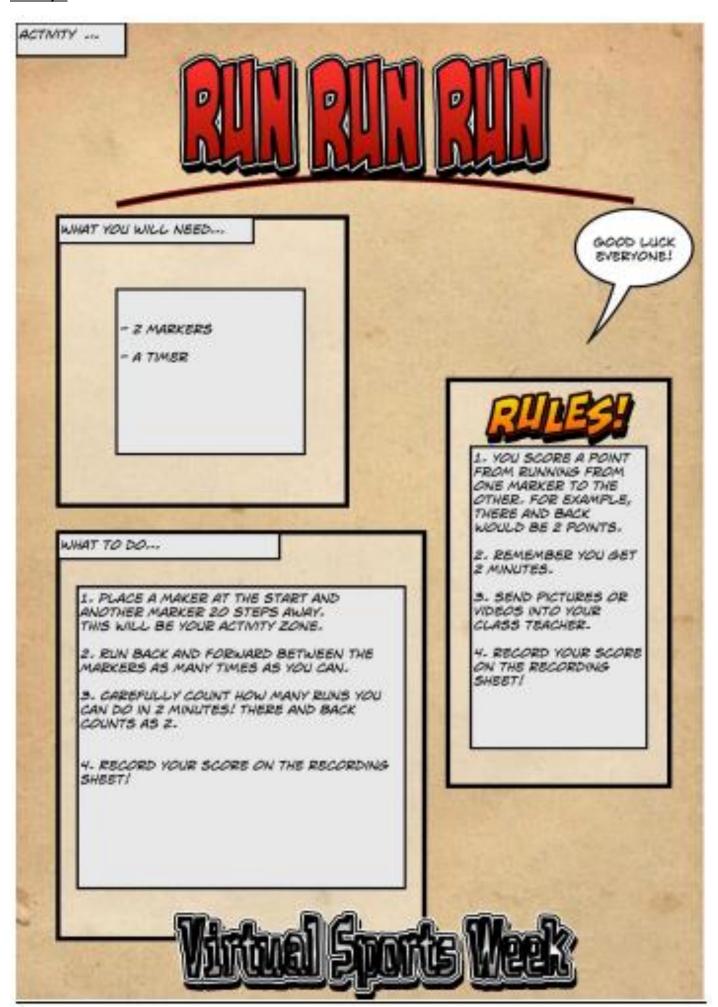




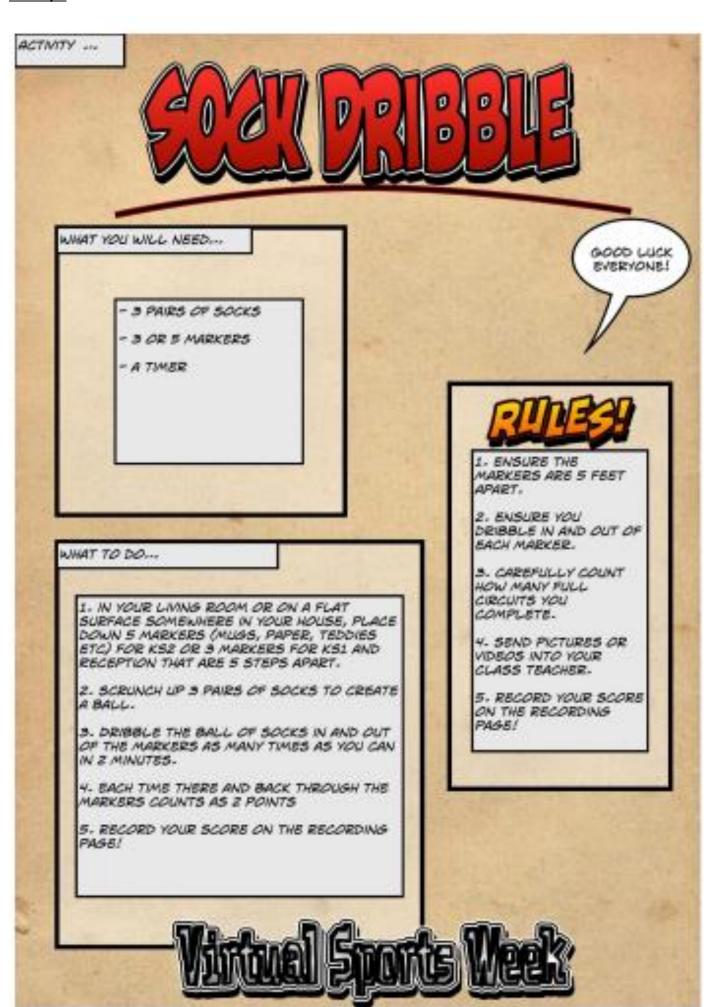




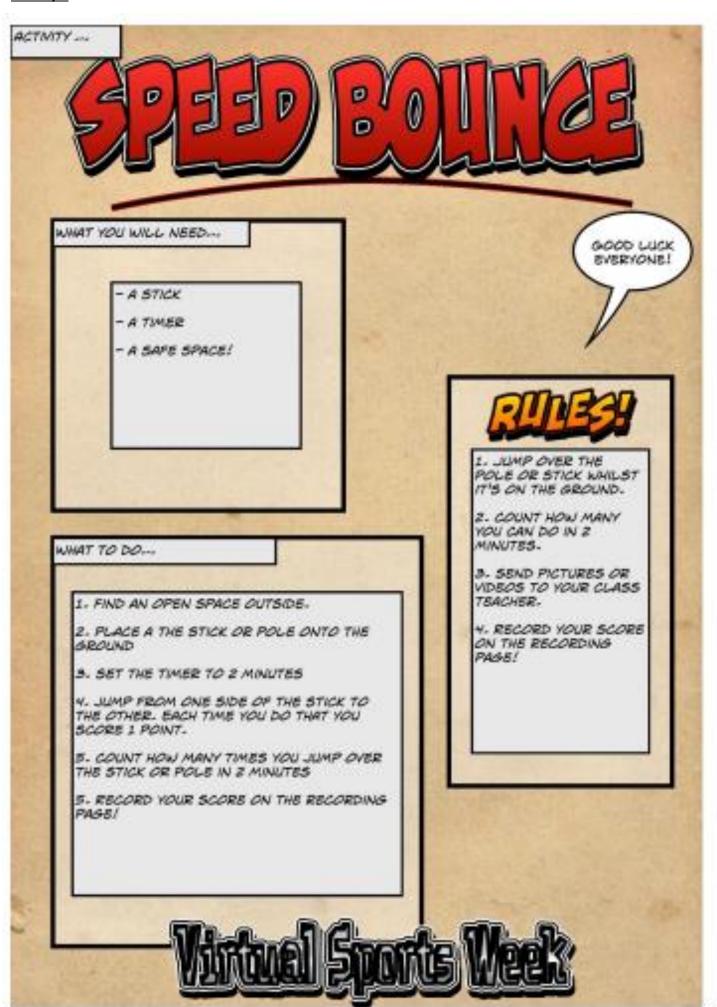
### **Activity 3**



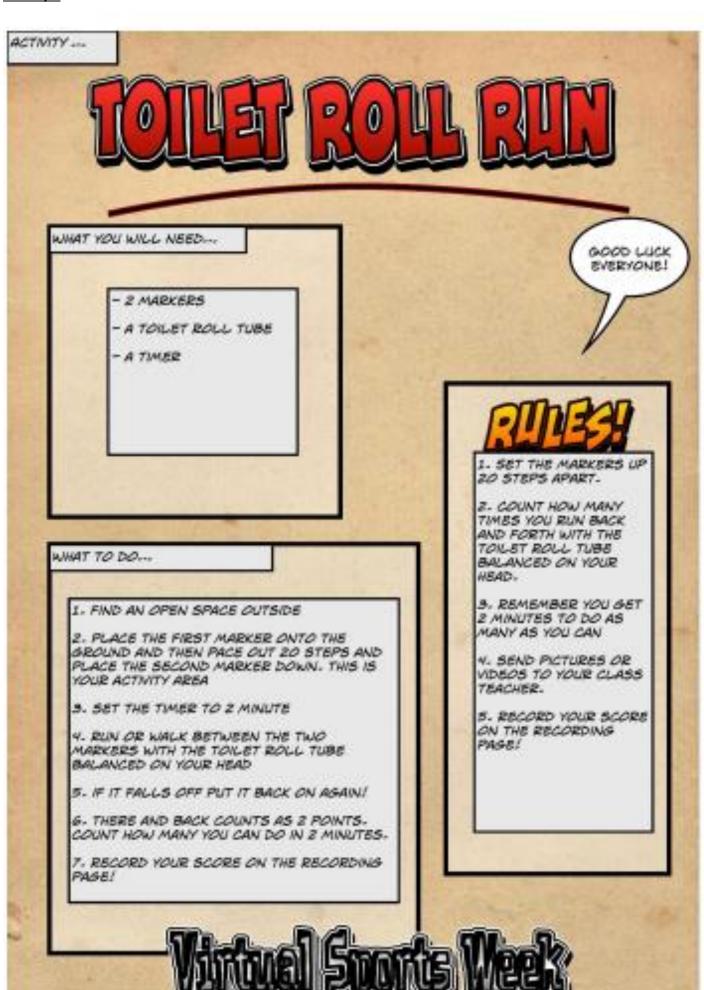




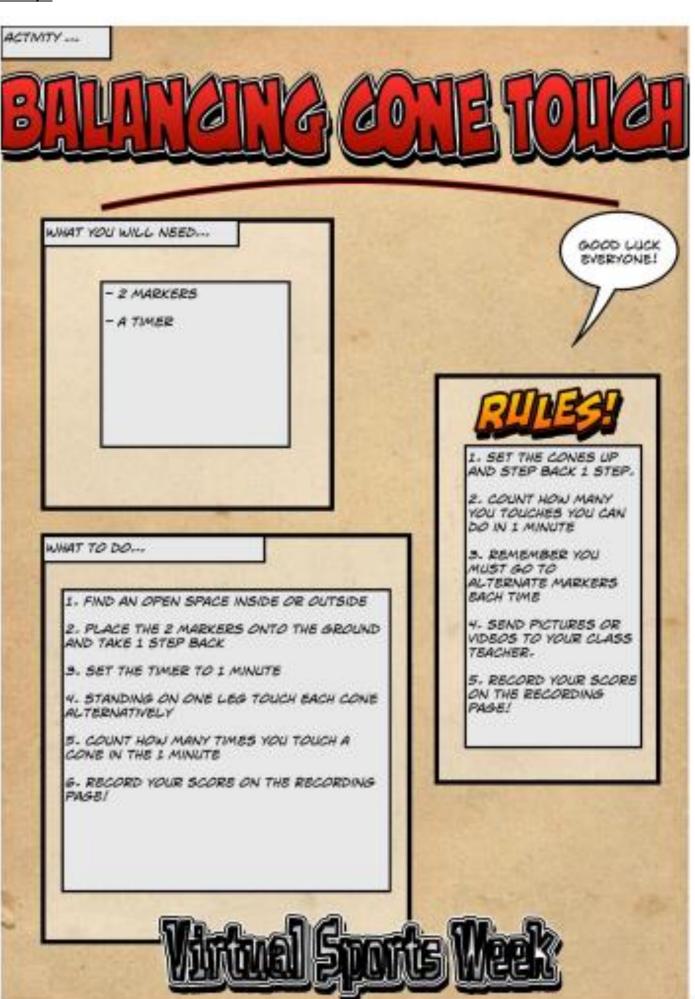
### **Activity 5**



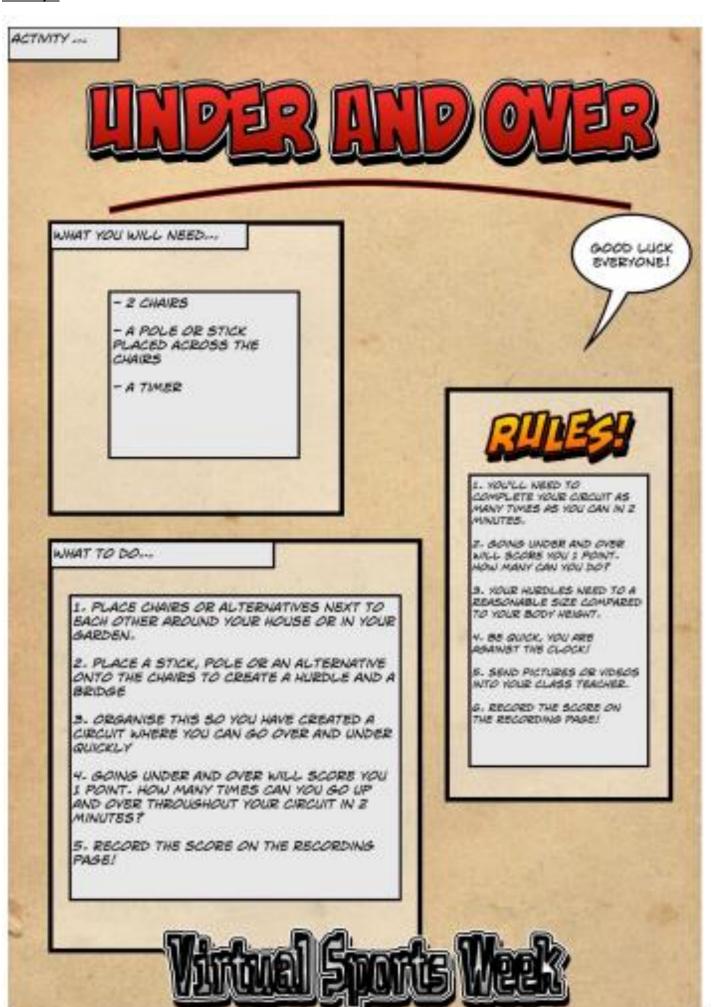




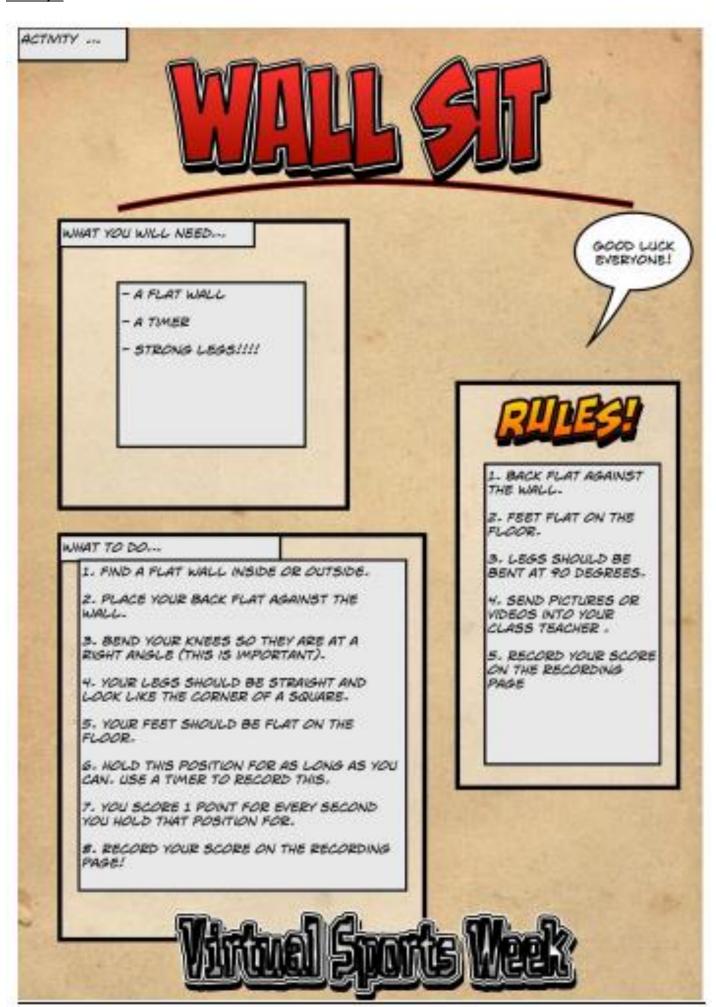




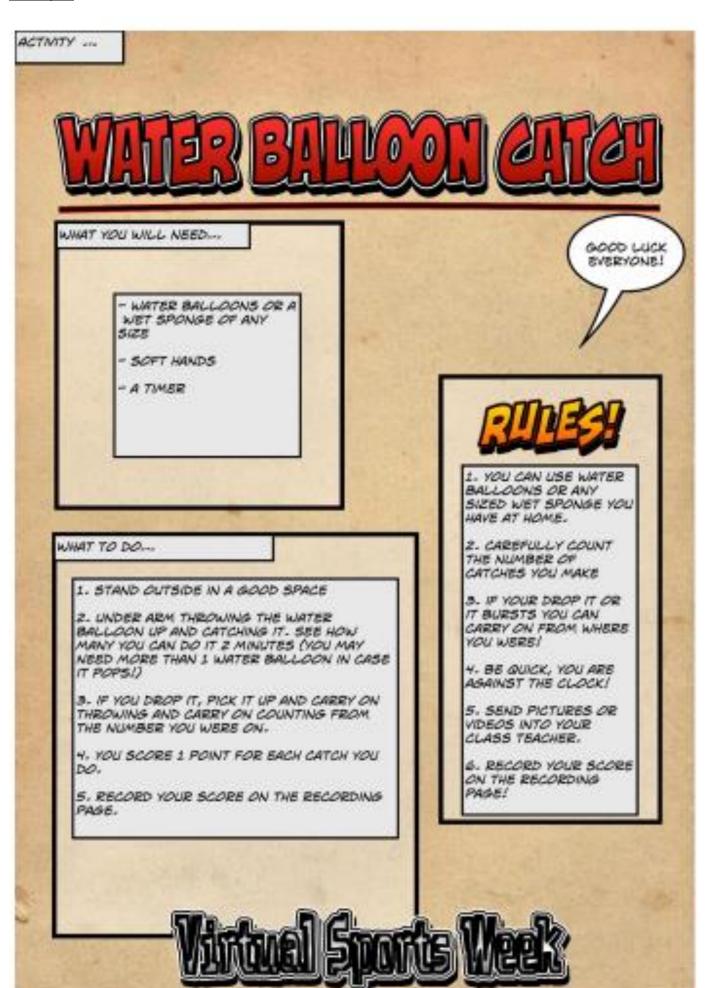














# **Recording Sheet**

Name:	Year:	

Activity	Completed	Score/Time/Amount
Bottle Flip		Number of flips:
Leaky Cup		Number of lengths:
Run Run Run		Number of lengths:
Sock Dribble		Number of circuits:
Speed Bounce		Number of bounces:
Toilet Roll Run		Number of lengths:
Balancing Cone Touch		Number of touches:
Under and Over		Number of times:
Wall Sit		Seconds:
Water Balloon Catch		Number of catches: